



DIAMOND WILLOW MASSAGE & BODYWORK

MELIS ARIK, NATIONALLY CERTIFIED MASSAGE THERAPIST

MELIS@DIAMONDWILLOWMASSAGE.COM

(612) 384-4122

COMPLEMENTARY AND ALTERNATIVE HEALTH CARE CLIENT BILL OF RIGHTS

My training: National Certification in Therapeutic Massage, 2009

Graduate of Centerpoint Massage and Shiatsu Therapy School, Minneapolis, MN

684 hour certification in Therapeutic Massage, completed August 2005

Certified Yamuna Body Rolling Practitioner, Yamuna Studio, New York City

58 hour certification, completed July 2008

Treatment modalities include: Swedish massage, integrative techniques, rehabilitative/trigger point therapy, prenatal and heated stone massage; Yamuna BodyRolling

“THE STATE OF MINNESOTA HAS NOT ADOPTED ANY EDUCATIONAL AND TRAINING STANDARDS FOR UNLICENSED COMPLEMENTARY AND ALTERNATIVE HEALTH CARE PRACTITIONERS. THE ABOVE STATEMENT OF CREDENTIALS IS FOR INFORMATION PURPOSES ONLY.”

Under Minnesota law, an unlicensed complementary and alternative health care practitioner may not provide a medical diagnosis or recommend discontinuance of medically prescribed treatments.

If a client desires a diagnosis from a licensed physician, chiropractor, or acupuncture practitioner, or services from a licensed physician, chiropractor, or acupuncturist, or services from a nurse, osteopath, physical therapist, dietitian, nutritionist, acupuncture practitioner, athletic trainer, or any other type of health care provided, the client may seek such services at any time.” (MN Statutes 2000, Chapter 146A.11)

FEES: All fees listed below include 7.775% Minneapolis sales tax.

THERAPEUTIC MASSAGE

Classic massage (Swedish, Rehabilitative, Prenatal)

30 minutes	\$45	75 minutes	\$85
60 minutes	\$70	90 minutes	\$105

Note: Prenatal massage available as 75- and 90-minute treatments only

Add hot stones to any Classic treatment for an additional \$15

Add ½ hour session of Yamuna Body Rolling after your massage for an additional \$25

Earth Bones: Heated Stone Massage

\$130 / 90-minute full body treatment

Outcalls – table massage in your home

Classic massage only; one hour minimum; rates begin at \$120/hour

YAMUNA BODY ROLLING™

Introductory session – 90 minutes

\$95 / private

\$50 each / semi-private (up to three people)

Continuing YBR sessions – 60 minutes

\$65 / private

\$35 each / semi-private (up to three people)

PACKAGES

Massage

\$315: Five 60-minute massages (save \$35)

\$315: Four 75-minute massages (save \$45)

\$370: Four 90-minute massages (save \$50)

Yamuna Body Rolling

\$240: Five 60-minute private YBR sessions for the price of four

Payment may be in cash or check payable to Melis Arik or to Diamond Willow Therapeutic Massage. I am not able to accept insurance, but can provide you with a receipt if you wish to pursue your own reimbursement. You need not pay sales tax if you have a written note from a physician recommending massage therapy.

Tiping: I prefer not to accept tips. If you feel the massage you received was exceptional, please feel free to tell others about it! For every referral from you, I will gift you with an additional 15 minutes on your next massage.

Cancellation policy: I request 24-hour notice in the event of client cancellation. Clients who fail to cancel 24 hours in advance or to arrive for their scheduled appointment will be asked to pay 50% of the fee (reasonable exceptions will be made for life's surprises – weather, sudden illness, emergency).

Practitioner's statement: My goal as your massage therapist is to provide a safe experience of relaxing and/or therapeutic massage, including, but not limited to: Swedish and integrative techniques; anatomically specific techniques that address specific areas of muscle tension; assisted stretching; heated stones; and visualization. *I seek to develop an ongoing therapeutic relationship with clients focused on addressing their needs and enhancing their well-being and quality of life.*

Diamond Willow Therapeutic Massage & Bodywork

CLIENT BILL OF RIGHTS

By signing this Client Bill of Rights, I, _____, acknowledge that:

- I have the right to reasonable notice of changes in service or charges;
- I have the right to complete and current information concerning my assessment and recommended service that is to be provided, including the expected duration of the service;
- I have the right to courteous treatment and freedom from verbal, physical, or sexual abuse by the practitioner;
- Client records and transactions with the practitioner are confidential, unless release of these records is authorized in writing by the client, or otherwise provided by law;
- I have the right to be allowed access to records and written information from records.

There are many other services available in our community. I may recommend another practitioner to you and/or will be happy to refer you to someone else upon your request. As the client, you have the right to:

- Choose freely among practitioners and to change practitioners after services have begun at any time
- Coordinated transfer if there is a change in the provider of service
- Refuse services or treatment, unless otherwise provided by law (e.g. emergency treatment)

Clients may assert these rights without retaliation at any time.

- A client has the right to file a complaint with the owner of Diamond Willow Therapeutic Massage, Melis Arik, either in person, by phone, or in writing. If I, the owner, am unable to resolve the complaint to your satisfaction, a complaint may be filed with:

Office of Unlicensed Complementary and Alternative Health Care Practices
Minnesota Department of Health
Health Occupations Program
121 East Seventh Place, Suite 400
P. O. Box 64975
St. Paul, MN 55164-0975
(651) 282-6319
(800) 657-3957

I acknowledge that I have received and read the Complementary and Alternative Health Care Client Bill of Rights and that a copy will be provided to me upon request.

Client name (print) _____

Client signature _____

Date _____